

HEALTHY RHODE ISLANDERS 2010

	Data Source(s)	Baseline Year(s)	Baseline	Target
PHYSICAL ACTIVITY				
Objective 1-1: Increase the proportion of adults who engage regularly, preferably daily, in moderate physical activity for at least 30 minutes a day. (Healthy People 2010 Objective 22-2)	BRFSS	1998-2000	22%	30%
Objective 1-2: Increase the proportion of adolescents who engage in vigorous physical activity that promotes cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion. (Healthy People 2010 Objective 22-7)	YRBS	1997	62%	85%
OVERWEIGHT AND OBESITY				
Objective 2-1: Reduce the proportion of adults who are obese. (Healthy People 2010 Objective 19-2)	BRFSS	1998-2000	17%	14%
Objective 2-2: Reduce the proportion of children and adolescents who are overweight and obese. (Healthy People 2010 Objective 19-3c)	RI HIS	2001	25%	10%
Objective 2-3: Increase the proportion of persons aged 2 years and older who consume at least five daily servings of fruits and vegetables. ¹ (Healthy People 2010 Objectives 19-5 and 19-6)	BRFSS	1998-2000	27%	50%
TOBACCO USE				
Objective 3-1: Reduce cigarette smoking by adults. (Healthy People 2010 Objective 27-1a)	BRFSS	1998-2000	23%	10%
Objective 3-2: Reduce cigarette smoking by adolescents. (Healthy People 2010 Objective 27-2b)	YRBS	1997	35%	14%
SUBSTANCE ABUSE				
Objective 4-1: Increase the proportion of adolescents <i>not</i> using alcohol or any illicit drugs during the past 30 days. (Healthy People 2010 Objective 26-10a)	YRBS	1997	45%	75%
Objective 4-1a: Increase the proportion of adolescents who report no alcohol use in the past 30 days.	YRBS	1997	48%	75%
Objective 4-1b: Increase the proportion of adolescents who report no cocaine use in the past 30 days.	YRBS	1997	96%	99%
Objective 4-1c: Increase the proportion of adolescents who report no marijuana use in the past 30 days.	YRBS	1997	71%	85%
Objective 4-2: Reduce the proportion of adults using any illicit drugs during the past 30 days. (Healthy People 2010 Objective 26-10c)	NHSDA	1999	7%	6%
Objective 4-3: Reduce binge drinking by adults in the past 30 days. (Healthy People 2010 Objective 26-11c)	BRFSS	1999	16%	6%

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RESPONSIBLE SEXUAL BEHAVIOR				
Objective 5-1: Increase the proportion of adolescents who have never had sexual intercourse, have abstained from sexual intercourse in the past three months, or used condoms at last sexual intercourse. (Healthy People 2010 Objective 25-11)	YRBS	1997	86%	95%
a. Never had sexual intercourse.	YRBS	1997	57%	
b. Had sexual intercourse but not during the past 3 months	YRBS	1997	12%	
c. Had sexual intercourse in the past 3 months and used a condom	YRBS	1997	16%	
d. Had sexual intercourse in the past 3 months but did not use a condom	YRBS	1997	15%	
Objective 5-2: Increase the proportion of unmarried sexually active persons who use condoms. (Healthy People 2010 Objective 13-6)				
Objective 5-2a: Increase the proportion of unmarried sexually active adult females ⁱⁱ who use condoms. (Healthy People 2010 Objective 13-6a)	BRFSS	2002	30%	50%
Objective 5-2b: Increase the proportion of unmarried sexually active adult males ⁱⁱⁱ who use condoms. (Healthy People 2010 Objective 13-6b)	BRFSS	2002	47%	75%
MENTAL HEALTH				
Objective 6-1: Increase the proportion of adults with recognized depression who receive treatment. (Healthy People Objective 18-9b)	Adjusted BRFSS	2002	51%	75%
Objective 6-2: Reduce the suicide rate. (Healthy People Objective 18-1)	Vital Records	1999	10/100,000	4/100,000
INJURY AND VIOLENCE				
Objective 7-1: Reduce deaths caused by motor vehicle crashes. (Healthy People 2010 Objective 15-15a)	NVSS, CDC, NCHS	1996-1998	9/ 100,000	7/ 100,000
Objective 7-2: Reduce homicides. (Healthy People 2010 Objective 15-32)	NVSS, CDC, NCHS	1996-1998	3/ 100,000	2/ 100,000
ENVIRONMENTAL QUALITY				
Objective 8-1: Reduce the proportion of persons exposed to air that does not meet the U.S. Environmental Protection Agency's health-based standards for ozone. (Healthy People 2010 Objective 8-1a)	RI DEM/OAR	1998	100%	0%

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Objective 8-2: Reduce the proportion of non-smokers exposed to environmental tobacco smoke. Proxy Objective: To reduce the proportion of households where smoking is permitted inside the house or inside the car all or most of the time. Data include household reporting regular smoking in the house or apartment, regular smoking in the vehicle (for households with children under the age of 18), and those that have no rules prohibiting smoking in the house or car. (Healthy People 2010 Objective 27-10)	RI HIS	2001	39%	20%
Objective 8-3: Eliminate blood lead levels in children. ^{iv} (Healthy People 2010 Objective 8-11)	RI CLPPP	2000	12%	5%
Objective 8-4: Increase the proportion of persons served by community water systems who receive a supply of drinking water that meets the regulations of the Safe Drinking Water Act (Healthy People 2010 Objective 8-5).	RI ODWQ	2002	81%	95%
Objective 8-5: Increase the proportion of persons who live in homes tested for Radon concentrations (Healthy People 2010 Objective 8-18).	RI Radon Test Database	1994-2000	5%	10%
Objective 8-6: Reduce infections caused by key foodborne pathogens. (Healthy People 2010 Objective 10-1).				
Objective 8-6a: Reduce infections caused by key foodborne pathogens: Campylobacter species. (Healthy People 2010 Objective 10-1a)	RI DOH DDPC	2002	16/100,000	12/100,000
Objective 8-6b: Reduce infections caused by key foodborne pathogens: Salmonella species. (Healthy People 2010 Objective 10-1d)	RI DOH DDPC	2002	19/100,000	7/100,000
IMMUNIZATION				
Objective 9-1: Increase the proportion of young children who receive all vaccines that have been recommended for universal administration for at least 5 years. (Healthy People 2010 Objective 14-24a)	NIS, NCHS, NIP, CDC	2000	81%	100%
Objective 9-2: Increase the proportion of adults who are vaccinated annually against influenza and ever vaccinated against pneumococcal disease (Healthy People 2010 Objective 14-29)				
Objective 9-2a: Increase the proportion of adults aged 65 years and older who are vaccinated annually against influenza. (Healthy People 2010 Objective 14-29a)	BRFSS	1998-2000	74%	95%
Objective 9-2b: Increase the proportion of adults aged 65 years and older who have ever been vaccinated against pneumococcal disease. (Healthy People 2010 Objective 14-29b)	BRFSS	1998-2000	58%	75%
ACCESS TO HEALTH CARE				
Objective 10-1: Increase the proportion of persons with health insurance. (Healthy People 2010 Objective 1-1)	BRFSS	1998-2000	91%	100%
Objective 10-2: Increase the proportion of persons who have a specific source of ongoing care. (Healthy People	BRFSS	2000	84%	96%

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2010 Objective 1-4a)				
Objective 10-3: Increase the proportion of pregnant women who receive early and adequate prenatal care. (Healthy People 2010 Objective 16-6b)	Vital Records	1997-1999	91%	100%

ⁱ This objective combines Healthy People 2010 objectives 19-5 and 19-6. This objective is not included in the 21 objectives chosen nationally to measure the national Leading Health Indicators. Rhode Island will measure this objective using BRFSS data which surveys people 18 years and older and does not include children under 18 years. In addition, the national objective 19-6 delineates that at least one-third of vegetables consumed should be dark green or orange. The BRFSS does not collect data on the color of vegetables consumed. Therefore, Rhode Island has amended its state objective to include the United States Dietary Association's recommendation of five servings of fruits and vegetables per day, regardless of vegetable color.

ⁱⁱ Rhode Island data available for a sample of 421 sexually active, unmarried, adult females, between the ages of 18-44.

ⁱⁱⁱ Rhode Island data available for a sample of 287 sexually active, unmarried, adult males, between the ages of 18-49.

^{iv} This Healthy People 2010 objective is not included in the 21 objectives chosen to measure the national Leading Health Indicators, but is included in the RI LHIs because of its importance as a public health concern in Rhode Island.

Data Sources:

BRFSS- Behavioral Risk Factor Surveillance System, Office of Health Statistics, Rhode Island Department of Health and National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention (CDC).

CLPPP- Childhood Lead Poisoning Prevention Program, Rhode Island Department of Health.

DDPC- Rhode Island Department of Health, Division of Disease Prevention and Control.

MCHD/DFH- Maternal Child Health Data, Division of Family Health, Rhode Island Department of Health.

NCHS- National Center for Health Statistics.

NHSDA- National Household Survey on Drug Abuse, Substance Abuse and Mental Health Services Administration (SAMHSA).

NIP- National Immunization Program.

NIS- National Immunization Survey, Office of Children's Preventive Health Services, Division of Family Health, Rhode Island Department of Health.

NVSS- National Vital Statistics System.

RI DEM/OAR- Office of Applied Research, Rhode Island Department of Environmental Management.

RI HIS- Rhode Island Health Interview Survey, Office of Health Statistics, Rhode Island Department of Health.

RI ODWQ- Office of Drinking Water Quality, Public Water System Supervision Compliance Data System

Vital Records- Vital Records, Office of Health Statistics, Rhode Island Department of Health.

YRBS- Youth Risk Behavior Survey, Office of Health Statistics, Rhode Island Department of Health and National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention.

For more information, visit <http://www.health.ri.gov/chic/healthypeople/home.htm>.